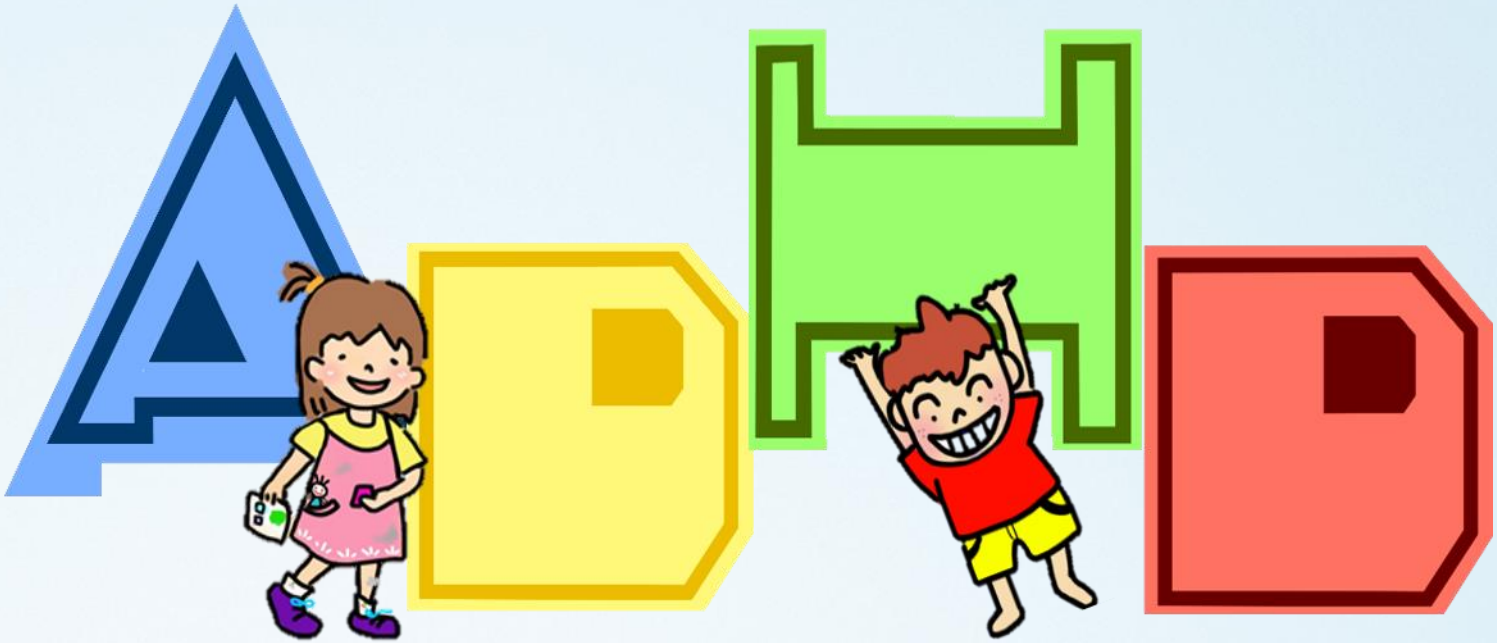
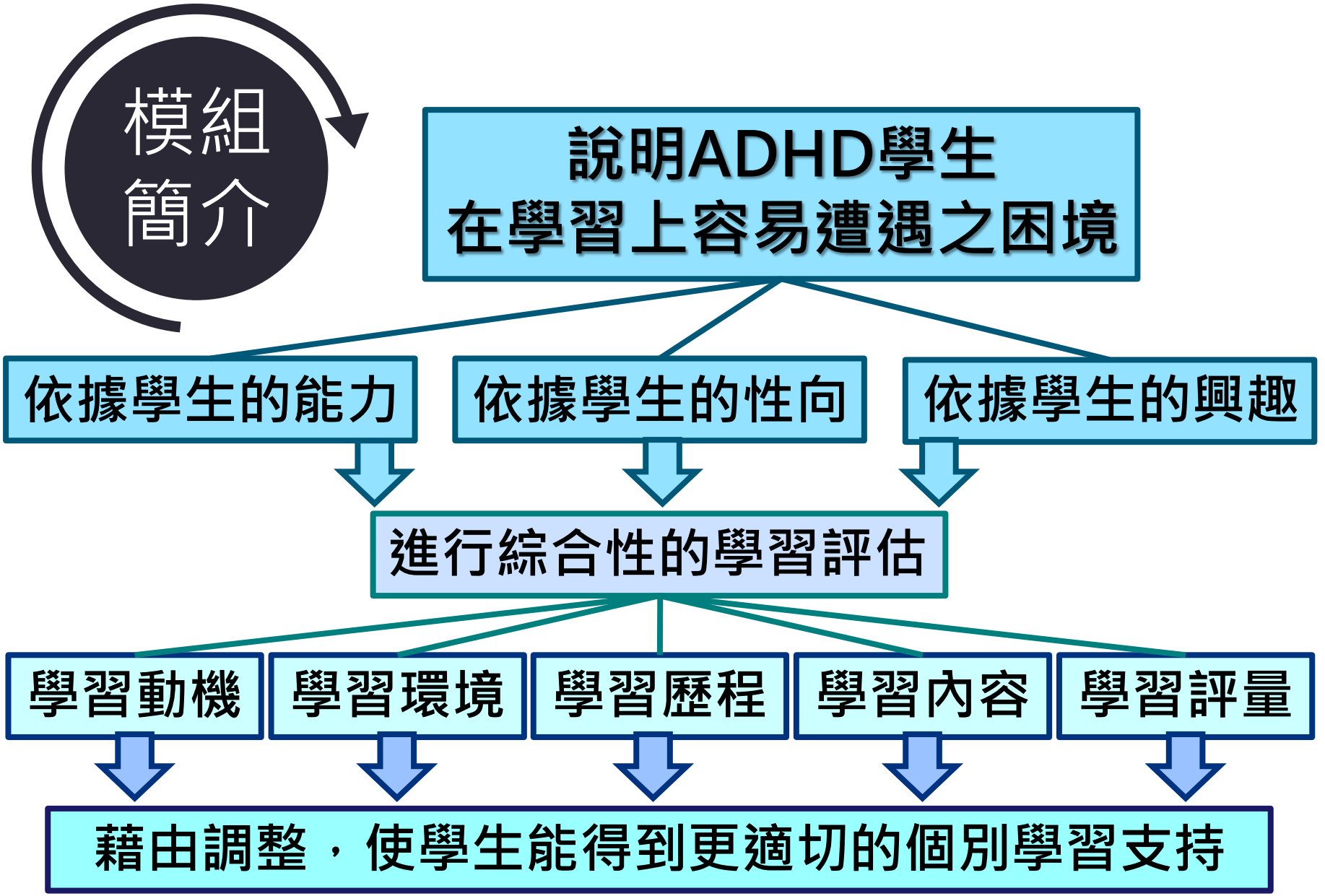


A蒂H弟上學趣 種子版

[個別學習支持]

-兒童注意力缺陷過動症（ADHD）知能推廣教材-

教育部國民及學前教育署


模組簡介
說明ADHD學生在學習上容易遭遇之困境
依據學生的能力
依據學生的性向
依據學生的興趣
進行綜合性的學習評估
學習動機
學習環境
學習歷程
學習內容
學習評量
藉由調整，使學生能得到更適切的個別學習支持

向度

學習動機



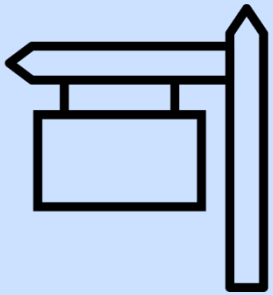
Created by Gan Khoon Lay
from Noun Project

學習環境



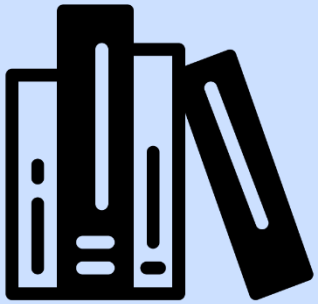
Created by Adrien Coquet
from Noun Project

學習歷程



Created by IYIKON
from Noun Project

學習內容



Created by icon 54
from Noun Project

學習評量



Created by Fahmihorizon
from Noun Project

學習動機

動機策略



Created by Becris
from Noun Project

動機支持

挑戰破解



Created by Bart Laubsch
from Noun Project

A蒂H弟特質



注意力不足

- 容易被外界吸引分心
- 常不注意細節
- 無法在工作或遊戲中維持專注力
- 無法集中精神聽從指示完成指令
- 無法自己安排籌劃工作

A蒂H弟特質

過動、衝動

- 坐不住
- 要求坐著時會離開座位
- 應做好的場合跑來跑去爬上爬下
- 無法安靜利參加遊戲或玩耍
- 總是動個不停，好像裝了馬達
- 別人問題還沒問完就搶答
- 無法安靜等待，常插隊
- 打斷別人的談話或遊戲



常見狀況 1



Created by Fahmihorizon
from Noun Project



Created by Bonegolem
from Noun Project

無法專注

策略簡介 1

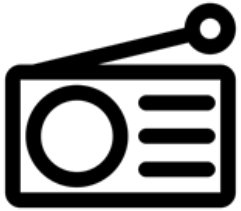
多樣化



Created by romzicon
from Noun Project



Created by romzicon
from Noun Project



Created by romzicon
from Noun Project



Created by romzicon
from Noun Project

多感官

運用多媒體課程設計

常見狀況 2



Created by Jessica Lock
from Noun Project



Created by Gan Khoon Lay
from Noun Project

出現干擾行為

策略簡介 2

小任務





操作

設計多元操作活動

常見狀況 3



Created by Gerald Wildmoser
from the Noun Project



Created by Bonegolem
from Noun Project

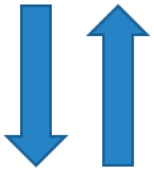
抗拒學習

策略簡介 3

動靜交替



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from Noun Project





Created by gayatri
from Noun Project

遊戲化



Created by Gan Khoon Lay
from Noun Project

動態活動比例

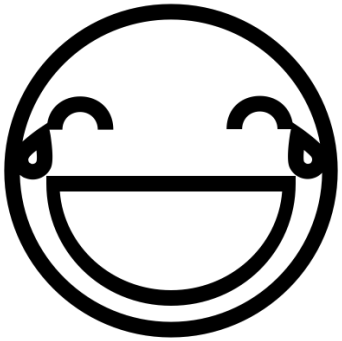
情境急救包



Created by Ruslan Dezign
from Noun Project

情境一

國語課老師在講解課文時說到下雨天的景象，H弟想到上禮拜某天放學時，看到一台汽車駛過水窪，濺起的水花潑在一個路人身上，H弟便不自覺笑出聲來。此時老師問H弟講到那一行？H弟完全答不出來。

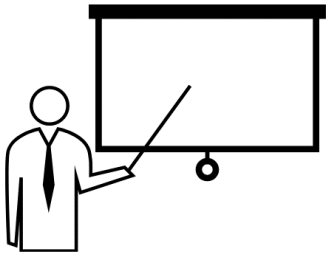


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from the Noun Project

急救包一



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from the Noun Project

多媒體教學



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from the Noun Project

指派小任務



Created by Gan Khoon Lay
from Noun Project

操作性課程



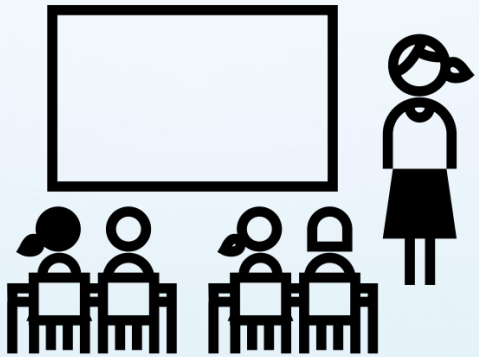
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from the Noun Project

動靜交替

學習環境

教室環境規劃

座位調整



Created by Piotrek Chuchla
from Noun Project

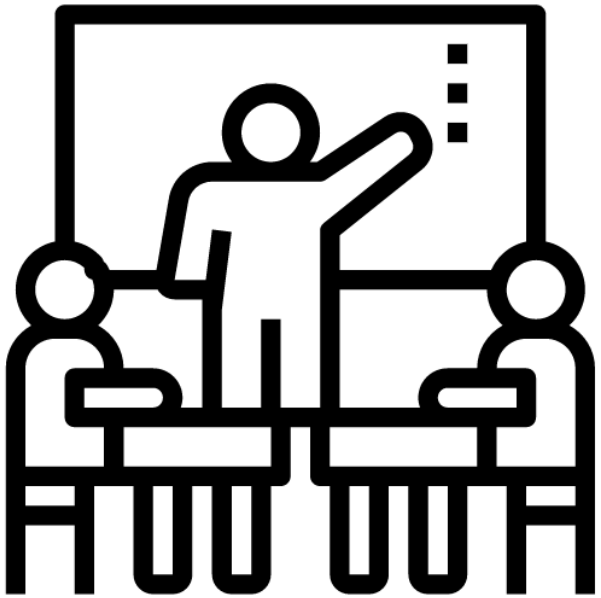
挑戰破解



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A蒂H弟上學趣

常見狀況 1



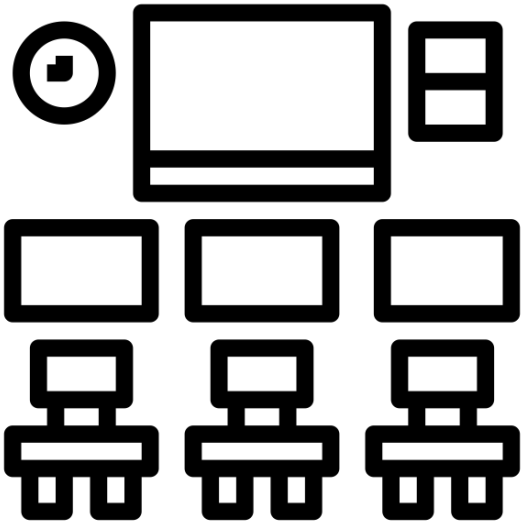
Created by Massupa Kaewgahya

教室環境規劃

策略簡介 1

結構性

一致性

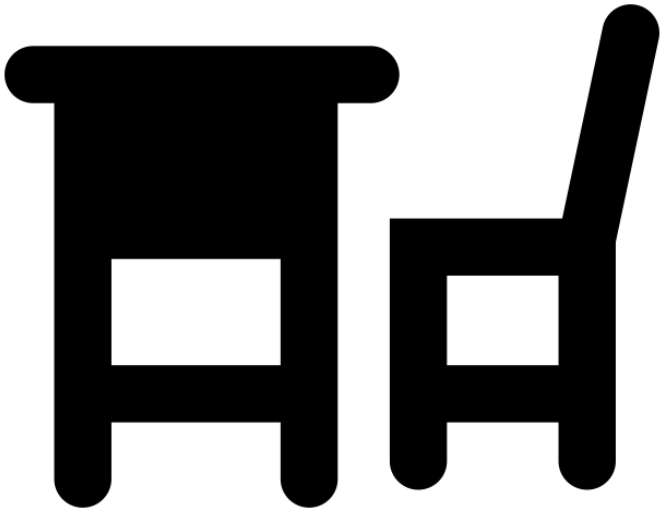


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from Noun Project

組織性

安全性

常見狀況 2



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from Noun Project

座位調整

策略簡介 2

建議

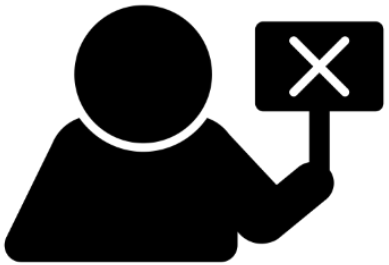
接近老師，或個性穩定的同學旁



Created by Llisole
from Noun Project

不建議

教室座位的四周
（靠窗、靠走道、角落、最後一列，或接近門口的位置。）



Created by Llisole
from Noun Project

情境急救包



Created by Ruslan Dezign
from Noun Project

情境二

A蒂的班級座位在窗戶邊，他雖然知道上課時要專心看黑板，但走廊只要有人走過，他就會忍不住往外看看是不是他認識的人，常常因為這樣沒有跟上課程進度。

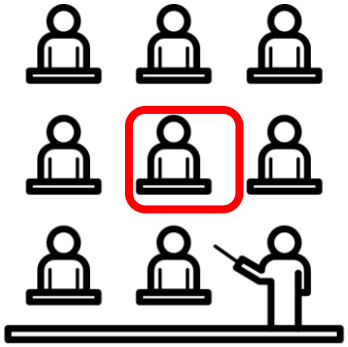


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急救包二



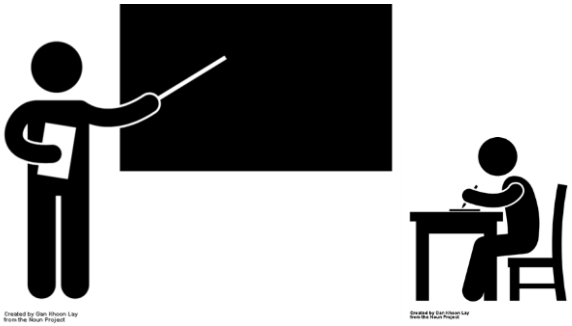
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from the Noun Project

座位調整



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適合的鄰居



靠近教學區



Created by glyph.faisalovers
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走動教學

學習歷程

合理的喘息空間



Created by matias porta lezcano
from Noun Project

口語/視覺線索提示

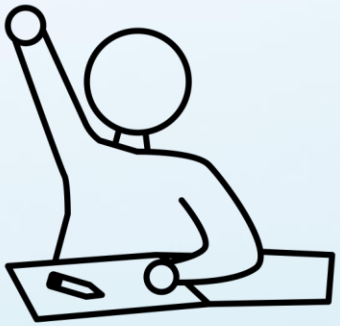


Created by Gregor Cresnar
from Noun Project



Created by Gabriele Lorusso
from Noun Project

學習策略



Created by faisalovers
from Noun Project

A蒂H弟上學趣

挑戰破解



Created by Bart Laubsch
from Noun Project

A蒂H弟上學趣

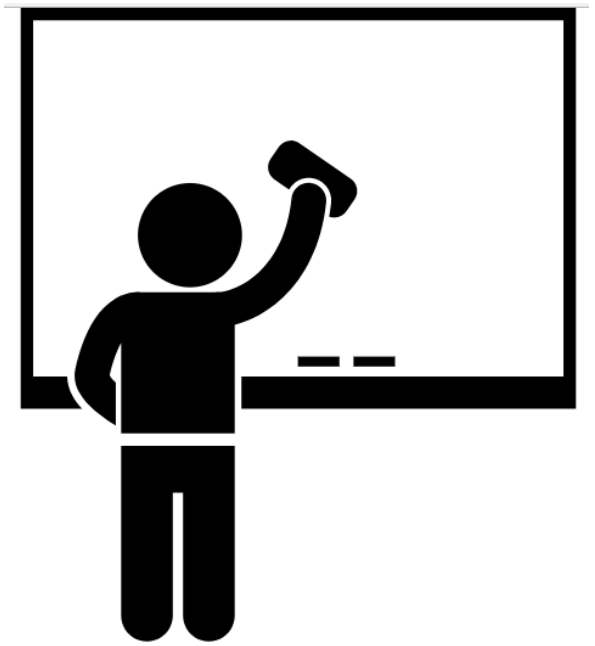
常見狀況 1

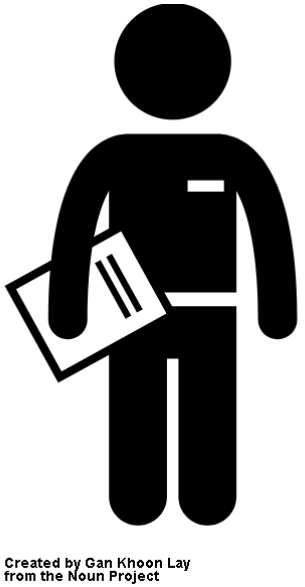


Created by Cristiano Zoucas
from Noun Project

逃避或排斥需全神貫注的學習活動

策略簡介 1



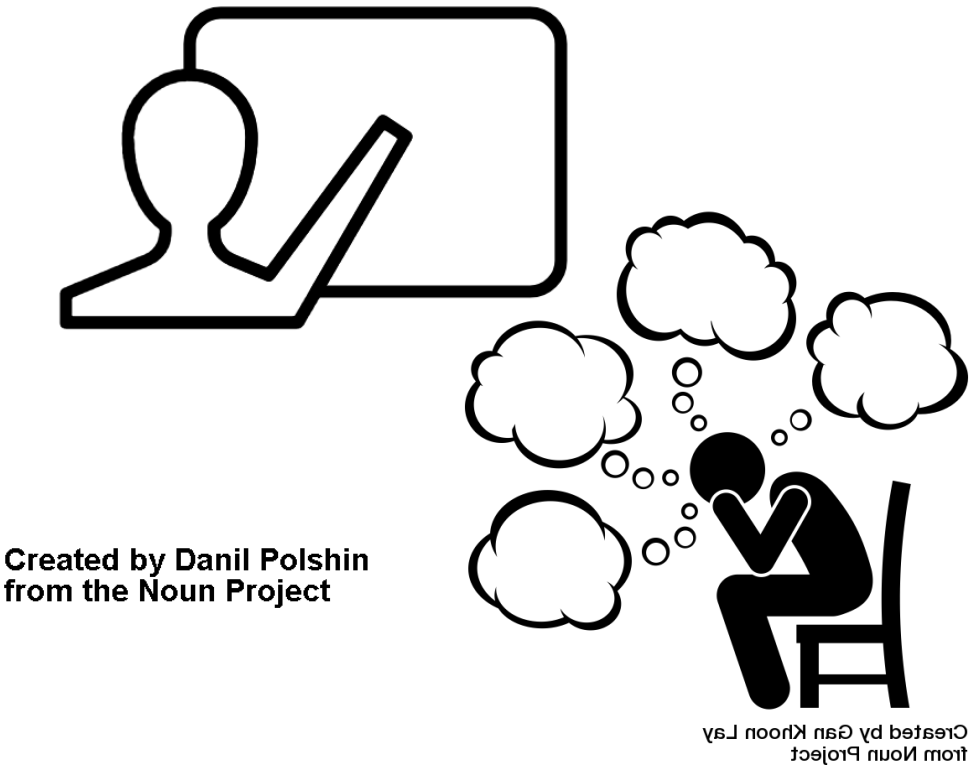


指派任務

允許走動

合理的喘息空間

常見狀況 2

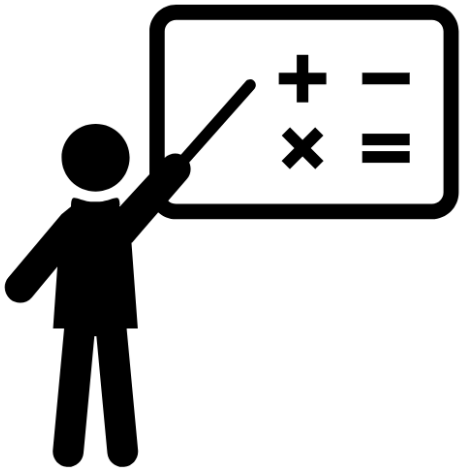


維持專注有困難

策略簡介 2



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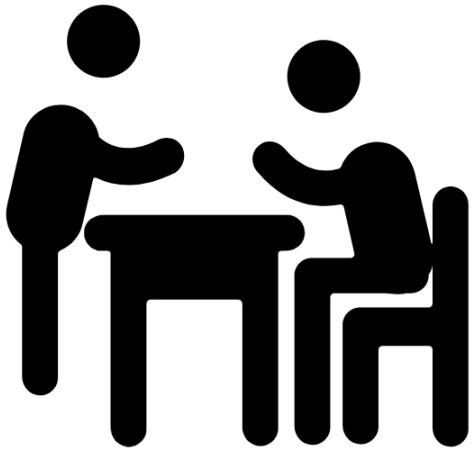


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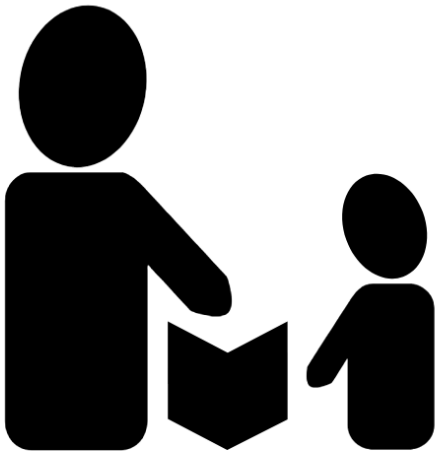
注意聽

看這裡

口語/視覺線索提示



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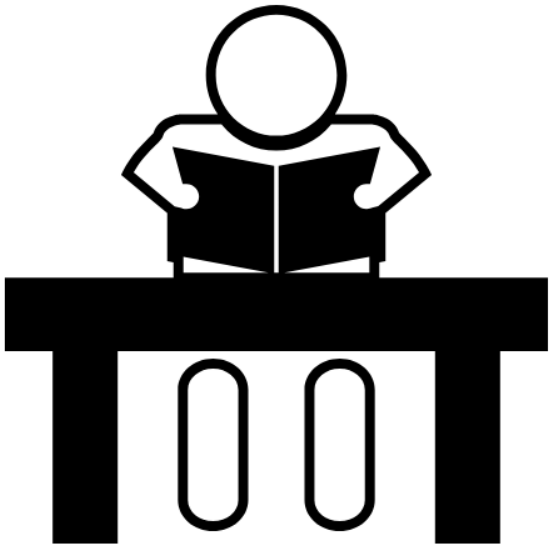
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同儕提醒

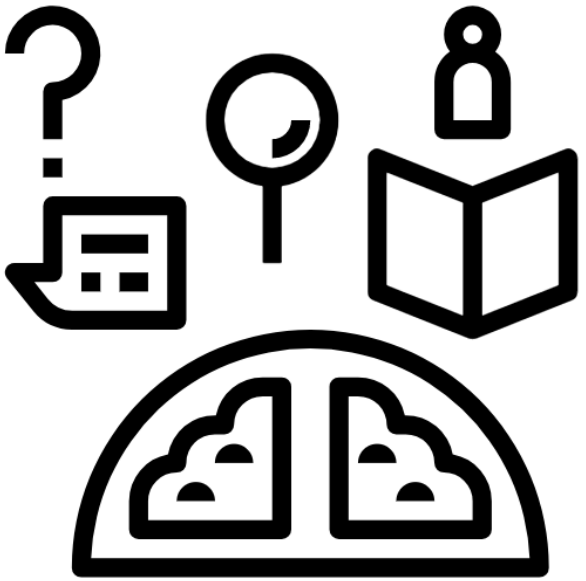
走動教學

口語/視覺線索提示

常見狀況 3



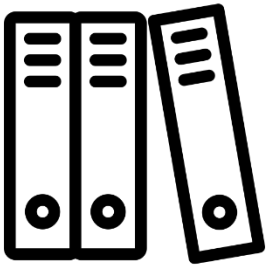
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Created by Nithinan Tatah

欠缺學習策略

策略簡介 3



Created by andriwidodo
from Noun Project

資料整理



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from Noun Project

聽重點 - 聽到、聽完



Created by Yasin Masukor
from Noun Project

劃重點



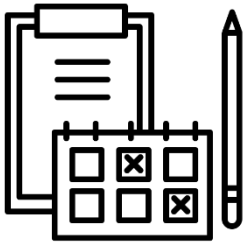
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做筆記



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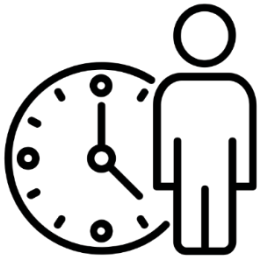
考試技巧



Created by Maria Kislitsina
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讀書計畫

分段完成



少量多餐

Created by Vectors Market
from Noun Project

時間管理



Created by Alexis Lilly
from Noun Project

自我監控



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瞭解自己學習風格

情境急救包



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from Noun Project

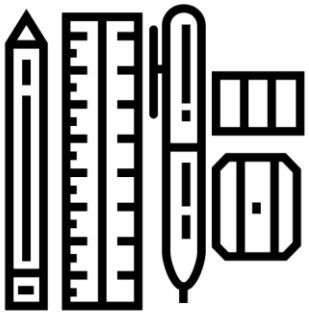
情境三

上課10分鐘了，同學都已經拿出數學習作開始寫老師指定的大題，H弟還在換自動鉛筆的筆芯，好不容易換好，同學卻都寫好了，為了不被老師罵，他只好趕快抄旁邊同學的答案，結果同學卻向老師告狀，H弟覺得很生氣。





急救包三



Created by Creative Mania
from the Noun Project

教導個人物品整理



Created by Delwar Hossain
from Noun Project

要求注意聽



Created by Creative Stall

同儕提醒

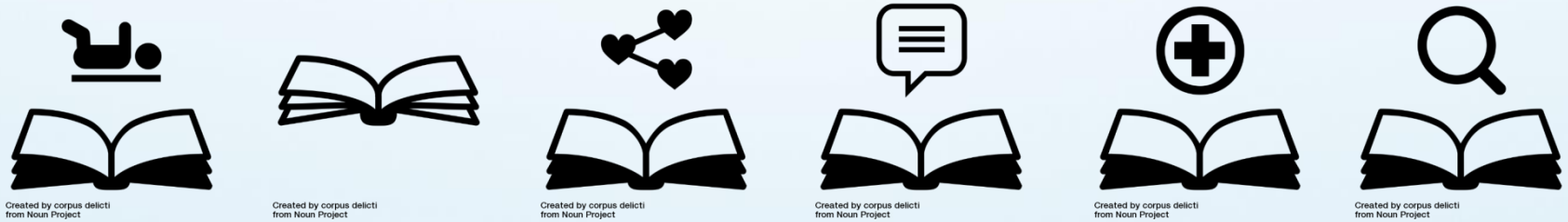


Created by Bonegolem
from Noun Project

瞭解自己的學習風格

學習內容

簡化　減量　分段　替代　加深　加廣



挑戰破解

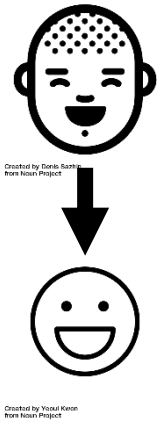


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from Noun Project

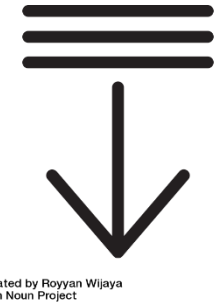
A蒂H弟上學趣

策略簡介

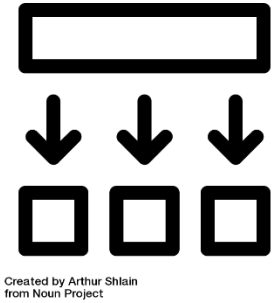
學習內容調整



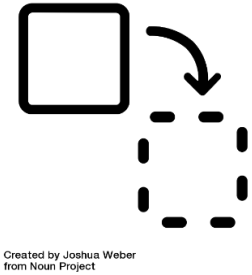
簡化



減量



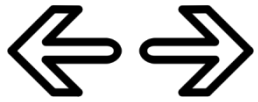
分解



替代



加深



加廣

學習評量

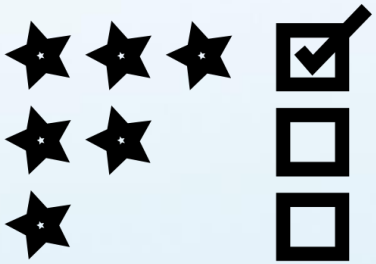
多元評量

彈性調整

適切評量標準



Created by Takao Umehara
from Noun Project



Created by SBTS
from Noun Project

A蒂H弟上學趣

挑戰破解



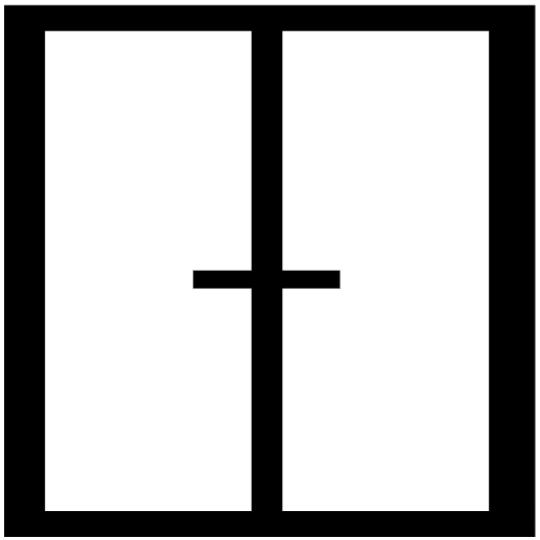
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A蒂H弟上學趣

常見狀況



Created by Sergey Demushkin
from the Noun Project





Created by BomSymbols
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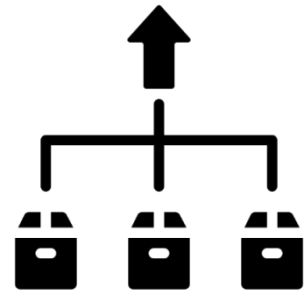


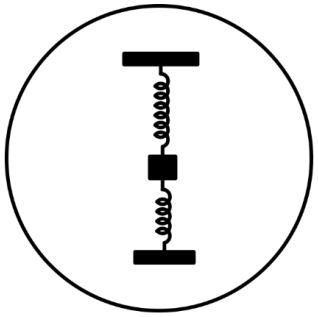
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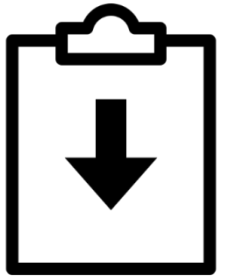
容易被週遭事物影響

策略簡介

學習評量調整







多元評量

彈性調整

適切
評量標準

延長作業繳交時間

調整作業內容

情境急救包



Created by Ruslan Dezign
from Noun Project

情境四

今天是期末考，考試時H弟發現自己忘記帶橡皮擦，就馬上轉頭跟後面的同學借，結果被老師警告考試不能講話。寫完第一面後雖然有翻到背面，但因為看到造句是自己會寫的題目，H弟就開心的先寫最後一大題，寫完卻**忘記檢查**就滿意的趴下休息了。考卷發下後....。





急救包四



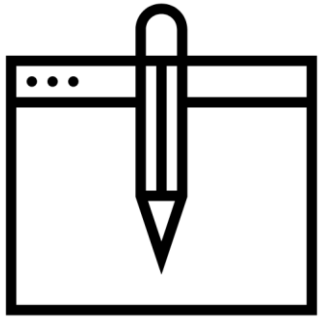
Created by glyph.faisalovers from the Noun Project

事先預告



Created by romzicon from the Noun Project

教導考場規則



Created by I Putu Kharismayadi

教導考試策略



Created by Ben Davis

延長考試時間

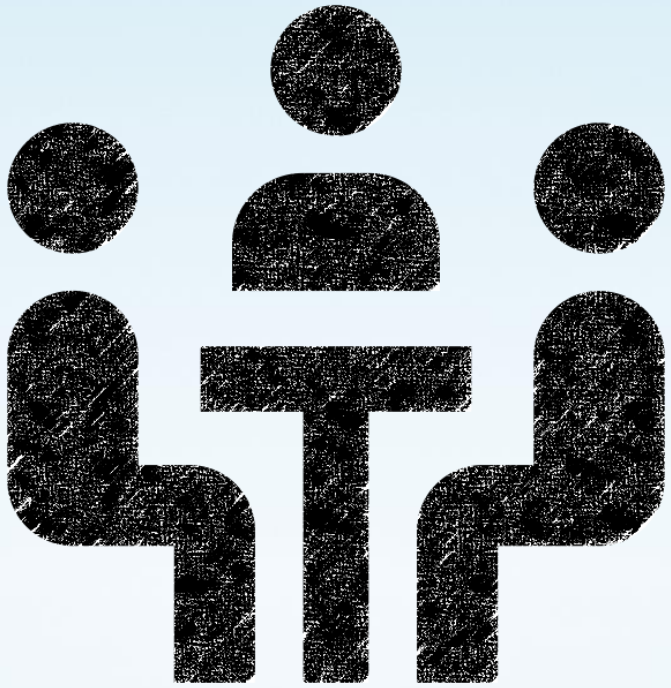
延伸思考

1. 為ADHD學生提供評量調整，如果班上其他學生或家長有疑問時，要如何解釋？

2. 在教學中如果常常使用多媒體，會不會造成ADHD過度依賴多媒體的教學方式？

3. 學習內容或作業減量，到底要怎麼減？減多少才算合適？

4. 安排同儕協助時，有哪些小撇步可讓幫助與被幫助的雙方都感覺受益？



小組共創時間

針對學生的需求 找到好點子

讀懂心　用好招

有事做　少出錯

早規劃　輕鬆過

教材名稱：A蒂H弟上學趣－兒童注意力缺陷過動症(ADHD)
知能推廣教材種子版

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教育部國民及學前教育署

注意力缺陷過動症(ADHD)知能推廣計畫

歡迎推廣與分享，引用請註明出處

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